

Indoor Pool Schedules

Schedules are subject to change. All areas of the pool NOT available for each activity.

Ridge Recreation Center (303-409-2333)

No School Days: February 14 and 17, Activity Pool hours open 10 am to 8:30 pm

Ridge Activity Pool 86 to 89 degrees

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|------------|------------------------|------------------------|------------------------|------------------------|----------------------|------------|
| Open Swim | 12-4:30 pm | 4-8:30 pm ¹ | 4-8:30 pm ¹ | 4-8:30 pm ¹ | 4-8:30 pm ¹ | 4-8:30 pm | 12-4:30 pm |
| Play Time | | 8-10 am ² | 8-10 am ² | 8-10 am ² | 8-10 am ² | 8-10 am ² | |
| Water Walking in Current Channel | | 8-10 am | 8-10 am | 8-10 am | 8-10 am | 8-10 am | |

¹ Yellow Water Slide is subject to availability Monday thru Thursday 6:45-8:30 pm.

² Playscape area only: Zero depth entry – 3 ft. depth (excludes Current Channel).

Ridge Lap Pool 81 to 83 degrees

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--------------|-----------------------------|---------------------------|-----------------------------|---------------------------|-----------------------------|--------------|
| Lap Swim³ | 9 am-4:30 pm | 6 am-5 pm 7:30-8:45 pm | 6 am-5 pm 7:30-8:45 pm | 6 am-5 pm 7:30-8:45 pm | 6 am-5 pm 7:30-8:45 pm | 6 am-8:30 pm | 9 am-4:30 pm |
| Open Swim Area Diving Boards⁴ | 12-4:30 pm | 12-3:30 pm | 12-3:30 pm | 12-3:30 pm | 12-3:30 pm | 12-3:30 pm | 12-4:30 pm |
| Masters | 7:30-9 am | 6-7:30 am 10:30 am-12 pm | 6-7:30 am | 6-7:30 am 10:30 am-12 pm | 6-7:30 am | 6-7:30 am 10:30 am-12 pm | |
| Fitness | | 8:30-9:30 am | 8:30-9:30 am | 8:30-9:30 am | 8:30-9:30 am | 8:30-9:30 am | |

³ A minimum of 2-4 lap lanes will be available depending upon program needs throughout the day during Lap Swim times.

February 9: Lap Pool opens at Noon. **February 28:** Lap Pool closes at 3 pm due to a swim meets.

⁴ Diving Boards are available upon request and are subject to availability.

Ridge Therapy Pool 91 to 94 degrees

Therapy Pool use is ONLY for those with Therapeutic Needs & Scheduled Classes.

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------|---------------|--|--|---|--|----------------------------|--------------------------------|
| Open Therapy Water Walking | 11 am-4:30 pm | 8 am-12 pm 2:15-5:20 pm 5:50-8:30 pm | 8 am-12 pm 2:15-4:40 pm 5:10-6:30 pm 7:30-8:30 pm | 8 am-12 pm 1-5:20 pm 5:50-8:30 pm | 8 am-12 pm 2:15-4:40 pm 5:10-6:30 pm 7:30-8:30 pm | 8 am-12 pm 2:15-8:30 pm | 9:30-10:20 am 10:50-4:30 pm |
| Fitness | | 12-2:15 pm | 12-2:15 pm 6:30-7:30 pm | 12-1 pm | 12-2:15 pm 6:30-7:30 pm | 12-2:15 pm | |

Lilley Gulch Recreation Center (303-409-2500)

Lilley Gulch Pool 81 to 83 degrees

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--------------|-----------|-----------|-----------|-----------|-----------|--------------|
| Lap Swim⁵ | 9 am-4:30 pm | 4-7:30 pm | 4-7:30 pm | 4-7:30 pm | 4-7:30 pm | 4-7:30 pm | 9 am-4:30 pm |
| Parent - Child Open Swim⁶ | 9 am-4:30 pm | 4-7:30 pm | 4-7:30 pm | 4-7:30 pm | 4-7:30 pm | 4-7:30 pm | 9 am-4:30 pm |

⁵ A minimum of 1 lap lane will be available depending upon program needs throughout the day during Lap Swim times.

⁶ 2½ ft. section available to parents with children ages five and under. Parents MUST accompany child into the water.

Lifeguards Needed

YOU can be a Lifeguard. We'll certify you!

Submit an application online at: www.foothills.org/jobs

To be placed on the interest list for Lifeguarding Classes at Foothills, visit www.foothills.org/lifeguard-info

