

## Indoor Pool Schedules

Schedules are subject to change. All areas of the pool NOT available for each activity.

### Ridge Recreation Center (303-409-2333)

No School Days: March 17 thru 24, Activity Pool hours open 10 am to 8:30 pm on weekdays

#### Ridge Activity Pool 86 to 89 degrees

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Open Swim</b>	12-4:30 pm	4-8:30 pm <sup>1</sup>	4-8:30 pm <sup>1</sup>	4-8:30 pm <sup>1</sup>	4-8:30 pm <sup>1</sup>	4-8:30 pm	12-4:30 pm
<b>Play Time</b>		8-10 am <sup>2</sup>	8-10 am <sup>2</sup>	8-10 am <sup>2</sup>	8-10 am <sup>2</sup>	8-10 am <sup>2</sup>	
<b>Water Walking in Current Channel</b>		8-10 am	8-10 am	8-10 am	8-10 am	8-10 am	

<sup>1</sup> Yellow Water Slide is subject to availability Monday thru Thursday 6:45-8:30 pm.

<sup>2</sup> Playscape area only: Zero depth entry – 3 ft. depth (excludes Current Channel).

#### Ridge Lap Pool 81 to 83 degrees

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Lap Swim<sup>3</sup></b>	9 am-4:30 pm	6 am-5 pm 7:30-8:45 pm	6 am-5 pm 7:30-8:45 pm	6 am-5 pm 7:30-8:45 pm	6 am-5 pm 7:30-8:45 pm	6 am-8:30 pm	9 am-4:30 pm
<b>Open Swim Area Diving Boards</b>	12-4:30 pm	12-3:30 pm	12-3:30 pm	12-3:30 pm	12-3:30 pm	12-3:30 pm	12-4:30 pm
<b>Masters</b>	7:30-9 am	6-7:30 am 10:30 am-12 pm	6-7:30 am	6-7:30 am 10:30 am-12 pm	6-7:30 am	6-7:30 am 10:30 am-12 pm	
<b>Fitness NO Fitness Classes March 17-21</b>		8:30-9:30 am	8:30-9:30 am	8:30-9:30 am	8:30-9:30 am	8:30-9:30 am	

<sup>3</sup> A minimum of 2-4 lap lanes will be available depending upon program needs throughout the day during Lap Swim times.

**March 2:** Lap Pool opens at Noon and **March 28:** Lap Pool closes at 3 pm due to swim meets.

#### Ridge Therapy Pool 91 to 94 degrees

Therapy Pool use is ONLY for those with Therapeutic Needs & Scheduled Classes.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Open Therapy Water Walking</b>	11 am-4:30 pm	8 am-12 pm 2:15-5:20 pm 5:50-8:30 pm	8 am-12 pm 2:15-4:40 pm 5:10-6:30 pm 7:30-8:30 pm	8 am-12 pm 1-5:20 pm 5:50-8:30 pm	8 am-12 pm 2:15-4:40 pm 5:10-6:30 pm 7:30-8:30 pm	8 am-12 pm 2:15-8:30 pm	9:30-10:20 am 10:50-4:30 pm
<b>Fitness NO Fitness Classes March 17-21</b>		12-2:15 pm	12-2:15 pm 6:30-7:30 pm	12-1 pm	12-2:15 pm 6:30-7:30 pm	12-2:15 pm	

### Lilley Gulch Recreation Center (303-409-2500)

#### Lilley Gulch Pool 81 to 83 degrees

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Lap Swim<sup>4</sup></b>	9 am-4:30 pm	4-7:30 pm	4-7:30 pm	4-7:30 pm	4-7:30 pm	4-7:30 pm	9 am-4:30 pm
<b>Parent - Child Open Swim<sup>5</sup></b>	9 am-4:30 pm	4-7:30 pm	4-7:30 pm	4-7:30 pm	4-7:30 pm	4-7:30 pm	9 am-4:30 pm

<sup>4</sup> A minimum of 1 lap lane will be available depending upon program needs throughout the day during Lap Swim times.

<sup>5</sup> 2½ ft. section available to parents with children ages five and under. Parents MUST accompany child into the water.

## Lifeguards Needed

**YOU can be a Lifeguard. We'll certify you!**

Submit an application online at: [www.foothills.org/jobs](http://www.foothills.org/jobs)

To be placed on the interest list for Lifeguarding Classes at Foothills,  
 visit [www.foothills.org/lifeguard-info](http://www.foothills.org/lifeguard-info)

